

MELANIE HARRELL, M.A., CH, RYT (500)  
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### EDUCATION AND TRAINING

- 2013 PSYCH-K training with Katherine Moyer
- 2012 Spiritual Lovefare training with Cathy Chapman
- 2009 Intensive past life regression training with Brian Weiss, M.D.,  
Omega Institute, Rhinebeck, N.Y.
- 2004 M.A. in Transpersonal Psychology from Naropa University
- 2003 Certified in hypnosis by the PATH Foundation with over 350 hours  
of theory and practice
- 2002 Completed course in advanced energy techniques with Carrlyn  
Clay
- 2001 Initiated as a Reiki Alliance Master after a one-year internship with  
Carrlyn Clay
- 2001, 2005 Approved for registration by Yoga Alliance 2001, upgraded to 500  
level 2005
- 1997-98 Completed beginning and advanced yoga teacher training through  
Yoga for Everybody, Houston, Texas
- 1978 BBA Accounting with Highest Honors from University of Texas

### EXPERIENCE

- 2001-present Reiki Master/Teacher (1<sup>st</sup>, 2<sup>nd</sup>, Advanced Degrees and Master  
training)
- 2004-present Private practice in hypnosis and energy work with a specialty in  
past life regression
- 2007- present Body Mind & Soul bookstore: group past life regressions, Reiki  
classes, space clearing classes. Also program and coordinate  
the store's schedule of classes.

- 2003 - 2004 Internship at The Women's Home. Taught yoga and conducted Reiki and hypnosis sessions under supervision of the Clinical Director as part of Naropa masters program
- 1997 – 2012 Yoga teacher with over 3000 hours classroom experience
- 1999-2011: Post Oak School, classes for staff and children; summer camps for children
  - 2001-2012: School of the Woods, classes for staff and children, including a 66-hour high school curriculum which I designed and have taught three times
  - 2004-2010: (summer sessions) Houston Montessori Center, designed and taught movement curriculum for early childhood teachers (age 3 to 6). These classes taught interns how to incorporate yoga in their classrooms.
  - 2002-2003: Adult classes at The Jung Center
  - Various other yoga classes and workshops
- 1990-1994 Co-founded and served as Treasurer of CourtWatch, a political action committee dedicated to reforming the Harris County Family Court system. This organization ran a political campaign that helped defeat several incumbent judges who were abusing their power in divorce cases. Responsibilities included speaking to organizations such as the Houston Area Women's Center and the Women's Political Caucus; radio and television interviews; and co-writing an op-ed article published by the Houston Chronicle. I also testified about the judicial system before several state-level committees, including the Texas Ethics Commission and the Texas Supreme Court Task Force to Investigate Judicial Appointments. CourtWatch is the subject of Carole Bell Ford's book The Women of CourtWatch, published by University of Texas Press in 2005.
- 1979-1986 Worked as a CPA for Peat, Marwick, Mitchell & Co., San Felipe Bank and Allied Bancshares, ultimately attaining the position of Regional Controller for Allied Bancshares with responsibility for all financial reporting for 13 banks

### ORGANIZATIONS

- 2011-2012 Workshop committee, Referral Business Builders Networking Group
- 2005-2007 Yoga Association of Houston – Vice President (2006 – 2007) and Treasurer (2005-2007). Responsible for all financial matters; also wrote the bylaws.
- 2003-present Member, National Guild of Hypnotists

2001–present Registrant, Yoga Alliance (500 hour level)

1990-1994 Co-founder and Treasurer of CourtWatch, a Committee for Family Court Reform

1990-2000 Various PTA, school, and team mom positions

### REFERENCES

Betsy Coe, Ph.D., Executive Director, Houston Montessori Center..713-686-8811

Jennifer Elkins, M.A., L.P.C., Past Vice President of the Board ....713-522-0788  
The Jung Center

Aileen Hansen, Past President, Yoga Association of Houston.....832-259-3328

Cara Looper, Partner, HL Partners (legal search firm) .....713-446-6613

Elena Marks, Past Chairman of the Board, Planned Parenthood ....713-669-9661  
Of America

Denise Welling, Manager, Body Mind & Soul bookstore, Houston...713-993-0550

### ARTICLES

Featured, along with my client, on pages 75-79 in Brian Weiss's book Miracles Happen, published 2012 by Harper One.

“Remember to do your Groundwork! Energy Clearing for Home and Office”, with Barbara Hatfield, published February, 2006, by Indigo Sun, Vol. 13 No. 11.

“Getting Out of your Head and into your Body”, published August, 2005, by Mensa Bulletin, the Magazine of American Mensa, No. 487.

“Energy Healing”, published June, 2005, by Mensa Bulletin, No. 485.

Featured in Carole Bell Ford's "The Women of Courtwatch", published by University of Texas Press, 2005.

“Yoga in the Montessori Classroom”, published February, 2005, by the Houston Montessori Center Newsletter, Vol. 1 No. 3.

“Gopi Krishna, Kundalini Awakening and the Spiritual Fast Track”, published Fall 2004, by SS7R Newsletter, Vol. 6 No. 3.

"Mental Health and Spirituality", published March 2002 by the American Mensa Mental Health Special Interest Group.

"Can Mensans Reach Enlightenment?" published August 2001 in Informensa, the Gulf Coast Mensa magazine.

### PRESENTATIONS

"Peaceful Teacher, Peaceful Classroom: Nurturing the Teacher's Spirit", presented at Texas Conference for Public Montessori Teachers, Nov. 7, 2009.

"Kundalini and the Spiritual Fast Track", presented at Spectrum Center 2009.

"Yoga for the Early Childhood Classroom", presented at the American Montessori Society's National Conference March 31, 2006 (Houston, Texas)

"Genius, Insanity, and Kundalini: What's the Connection?" Presented to Gulf Coast Mensa, July 15, 2005.